

DISHES AND THEIR ALLERGEN CONTENT

DISHES														
	Celery	Cereals (gluten**)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Seasoned Spinach		✓ Wheat										✓	✓	
Fresh Okra Delight		✓ Wheat							✓				✓	
Classic Shredded Chicken Delight	✓	✓ Wheat	✓	✓			✓					✓	✓	✓
Soybean Vegetable Egg Soup	✓	✓ Wheat	✓	✓			✓	✓				✓	✓	✓
Spicy Soybean Vegetable Egg Soup	✓	✓ Wheat	✓	✓			✓	✓				✓	✓	✓
Tofu Skin and Goji Berry Egg Soup	✓	✓ Wheat	✓	✓			✓					✓	✓	
Tomato & Egg Congee		✓ Wheat	✓	✓			✓					✓	✓	
Seasonal Vegetable Congee		✓ Wheat	✓	✓			✓					✓	✓	
Chinese Yam & Goji Berries Congee		✓ Wheat	✓	✓			✓					✓	✓	
Steamed Chicken		✓ Wheat	✓	✓			✓	✓				✓	✓	✓
Tofu Skin & Chinese Yam Steamed Beef		✓ Wheat	✓	✓			✓	✓	✓			✓	✓	✓
Add Chicken		✓ Wheat	✓	✓			✓	✓				✓	✓	✓
Add Beef		✓ Wheat	✓	✓			✓	✓	✓			✓	✓	✓
Add Mixed Seafood		✓ Wheat	✓	✓			✓	✓				✓	✓	✓

Important: Food Allergies or Preferences?

At The Pot, we're passionate about authentic Oriental cuisine, rich in traditional flavours. Our dishes contain classic seasonings (with allergens) like soy sauce, oyster sauce, coriander, seasoning wine, and sesame oil. Your wellbeing is our top priority. Please inform our staff of any allergies or dietary preferences; we're here to ensure a safe and enjoyable dining experience tailored to you.